


# November

Franklin County

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Coleslaw Wheat Bread Fresh Orange Milk	<b>2</b> Pot Roast w/ Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots Italian Bread Cookie Milk	<b>3</b> Spaghetti & Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad 1 Garlic Breadstick 1/2c Mixed Fruit Salad Chocolate Milk	<b>4</b> Creamy Parmesan Pork Chop 1/2c Diced Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie Milk
<b>7</b> Chicken w/ gravy 1/2c Rice Pilaf 1/2c Broccoli & Cauliflower Blend Wheat Bread Fresh Fruit Milk	<b>8</b> <b>Election Day</b> Unstuffed Cabbage Casserole w/ 2oz Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll Fresh Fruit Milk	<b>9</b> Stadium Hot Dog 20z. Sauerkraut 1/2c Cheesy Potatoes 1 Hot Dog Roll 1/2c Mandarin Oranges Milk	<b>10</b> Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Broccoli 1 Wheat Bread 1/2c Fruit Mix Chocolate Milk	<b>11</b> <b>Happy Veteran's Day</b> Closed Holiday
<b>14</b> Roasted Pork w/ Apples 1/2. Scalloped Potatoes 1/2c Mixed Vegetables 1 Mini Biscuit w/ Apple Butter Cookie Milk	<b>15</b> Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2c Corn Salad 1/2c Pineapple Milk	<b>16</b> Chicken Patty 1/2c. Coleslaw Potato Chips Hamburger Bun 1/2c. Peaches Chocolate Milk	<b>17</b> Turkey w/ gravy 1/2c. Mashed Potatoes 1/2c. Stuffing 1/2c. Country Vegetables Pumpkin Cake w/ Whipped Topping Milk	<b>18</b> Swedish Meatballs (4) 1/2c. Buttered Noodles 1/2c. Peas Dinner Roll Fresh Fruit Milk
<b>21</b> Popcorn Chicken 1/2c. Oven Brownd Potatoes 1/2c Corn 1 Biscuit 1/2c Peaches Milk	<b>22</b> Sweet & Sour Pork 1/2c. Rice 1/2c Broccoli & Cauliflower Blend 1 Dinner Roll Fresh Fruit Milk	<b>23</b> Sloppy Joe 1/2c. Ranch Potatoes 1/2c. Green Beans Hamburger Bun Fresh Fruit Milk	<b>24</b> <b>Happy Thanksgiving!!</b> Closed Holiday	<b>25</b> Closed Holiday
<b>28</b> Glazed Ham 1/2c Sweet Potatoes 1/2c Peas & Carrots 1 Dinner Roll 1 Cookie Milk	<b>29</b> Pasta Primavera (Chicken, Cheese, Broccoli, Carrots, Onions, Peppers) 1/2c Noodles 1 Breadstick 1/2c Mixed Fruit Milk	<b>30</b> Baked Meatloaf w/gravy 1/2c. Mashed Potatoes 1/2c. Beets White bread Fresh Fruit Milk	<b>Lunches are available on days when facilities are open to the public. Please contact your local senior center for a schedule. Menus are subject to change. Meals must be pre-registered by 12 p.m. the day before. Monday meals must be pre-registered by 12 p.m. on Friday.</b>	